

Nepean Creative and Performing Arts High School



*Creative and
Performing Arts*



'Aspiring the Heights through Care, Opportunity and Success'

Year 7 Information Booklet 2023



Contents

Welcome to Nepean Creative & Performing Arts High School	4
Year Advisers Message	5
Book & Equipment Requirements	7-9
BYOD	10
Communication	11
Financial Contributions	11
Learning and Wellbeing Supports	12-13
Key Learning Areas	
English	14
Mathematics	14
Science	14-15
Human Society & Its Environment (HSIE)	15
Personal Development, Health & Physical Education (PDHPE)	16
Creative Arts	17
Performing Arts	17-19
Circus	17-18
Dance	18
Drama	18-19
Music	17-18
Creative & Performing Arts Extra-Curricular Program	19
Technological & Applied Studies (TAS), Technology (Mandatory)	19-20
Special Education - Support Unit	20-21
Teaching and Learning Faculty	21
Homework Centre	21
Integrated Sport	21
Vaccination Program	21
Organisation for Day 1, 2023	22

Welcome to Nepean Creative & Performing Arts High School

Our school has a proud tradition of being an outstanding semi-selective and comprehensive high school enabling students to achieve to the best of their ability academically, culturally, in the areas of Creative and Performing Arts and sport. A broad range of extra curricular activities and leadership opportunities enable students to become active and informed citizens.



Mrs T Irons
Principal

The School's Vision

At Nepean Creative and Performing Arts High School we aspire, in all things, to demonstrate care for ourselves, others and our community so that all feel heard, seen, valued and accepted. We aspire to grow in understanding, individual expertise and creativity, striving with courage and cooperation, to flourish now and into the future. We recognise and celebrate optimism, engagement, achievement and the pursuit of personal excellence. In all things we aspire the heights through care, opportunity and success.

The school's motto 'Aspire the Heights' means to realise one's potential. This is achieved through your willingness to: set learning goals and work hard to achieve them; take risks in your learning to improve and broaden your skill set; work with and support others; and uphold high expectations of yourself. At Nepean we believe that each student brings unique talents and interests that must be engaged and nurtured for success. Our core values of Care, Opportunity and Success enable us to promote and celebrate all that is great about Public Education.

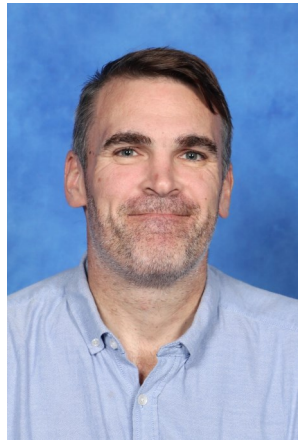
The school caters for students with a diverse range of abilities, interests and needs. We provide high quality teaching and learning programs delivered by a committed, experienced and caring staff, and we are well supported by our local community.

This information booklet has been prepared to assist new students in Year 7 and their parents/carers in understanding key features of our school. There will be many opportunities for parental involvement and we would appreciate your active support and participation in the education of your child. We trust that your association with our school, as a student or parent/carer, will be a long and happy one.

Mrs Tania Irons
Principal

A Message from your Year Adviser

Welcome to Nepean Creative and Performing Arts High School! I am Mr Andrews and I have the distinct privilege of being your Year Adviser for Year 7. Starting high school can be exciting and scary but it's important to know that you have people you can go to if you feel overwhelmed. You can find me in the HSIE staffroom, located upstairs between E and D block. Feel free to come and see me to chat about your issues, your concerns, your pets, your interests, or anything else! I'm also happy to chat to your parents/guardians via the school number should they need to discuss anything that might come up.

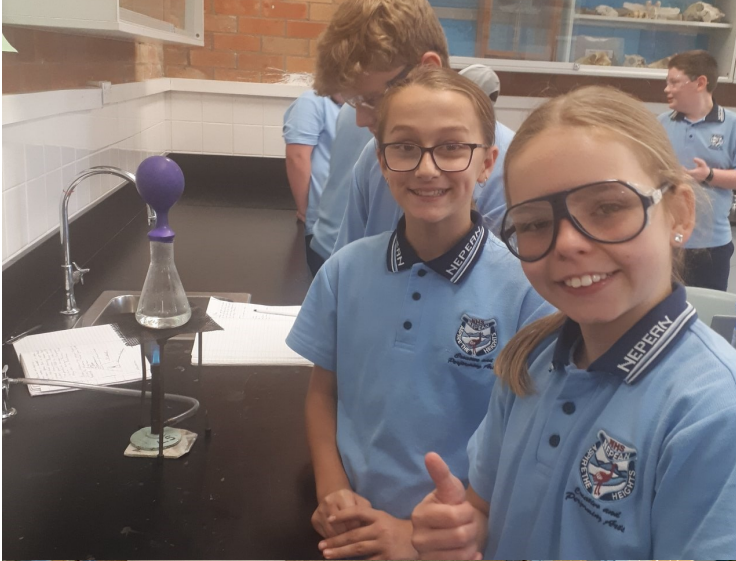


Mr Robert Andrews
Year 7 Adviser

I'm looking forward to a wonderful first year in high school and to getting to know every one of you through your journey at Nepean CAPA!

Mr Robert Andrews
Year 7 Adviser, 2023





Core Subject Book and Equipment Requirements

The following book and equipment requirements are applicable to all Year 7 students, with the exception of Special Education students, for their core subjects. These items will be available in a *Book and Equipment Pack* which can be purchased online via the TORSTAR website: www.torstar.net.au (with the exception of aprons, calculators and uniform items, some of which can be purchased from the school).

CORE SUBJECT	EQUIPMENT
English	1 x 240 page ruled exercise book 1 x 160 page ruled exercise book
Geography	1 x 192 page ruled exercise book
History	1 x 48 page ruled exercise book
LOTE	1 x 192 page ruled exercise book
Maths	1 x 240 page grid book 1 x black pen Scientific calculator – e.g. Casio Fx 82AU Plus II
Music	1 x 96 page Music book (with manuscript pages in the middle section of the book) 1 x 16GB USB
PDHPE	1 x 128 page ruled exercise book (to be covered by parent) NHS Sport shirt, NHS Sport shorts & suitable footwear (provided by parent) – NO Skate shoes e.g. no Vans
Science	1 x 40 page ruled exercise book 1 x red pen 1 x lead pencil 1 x pencil sharpener 1 x Scientific calculator - e.g. Casio Fx 82AU (provided by parent) Enclosed black leather shoes (provided by parent)
Technology Mandatory	
Computing	Equipment provided by the school
Home Economics	Book provided by school 1 x White Apron (to be provided by parent) Enclosed black leather shoes (to be provided by parent)
Industrial Arts	1 x 48 page ruled exercise book 1 x Blue apron (to be provided by parent) Enclosed black leather shoes (to be provided by parent)
Visual Arts	1 x 2B pencil 1 x sharpener 1 x Blue apron (can be purchased from the school) Enclosed black leather shoes (to be provided by parent)

The following items are available for purchase from the school:

CASIO Fx 82AU Scientific Calculators: \$36

White & Blue Aprons: \$15

Auditioned Performing Arts Subject Book & Equipment Requirements

The following book and equipment requirements are applicable for students who have successfully auditioned in Circus, Dance, Drama or Music. These items are not included in the Book Pack. Parents will need to provide these items.

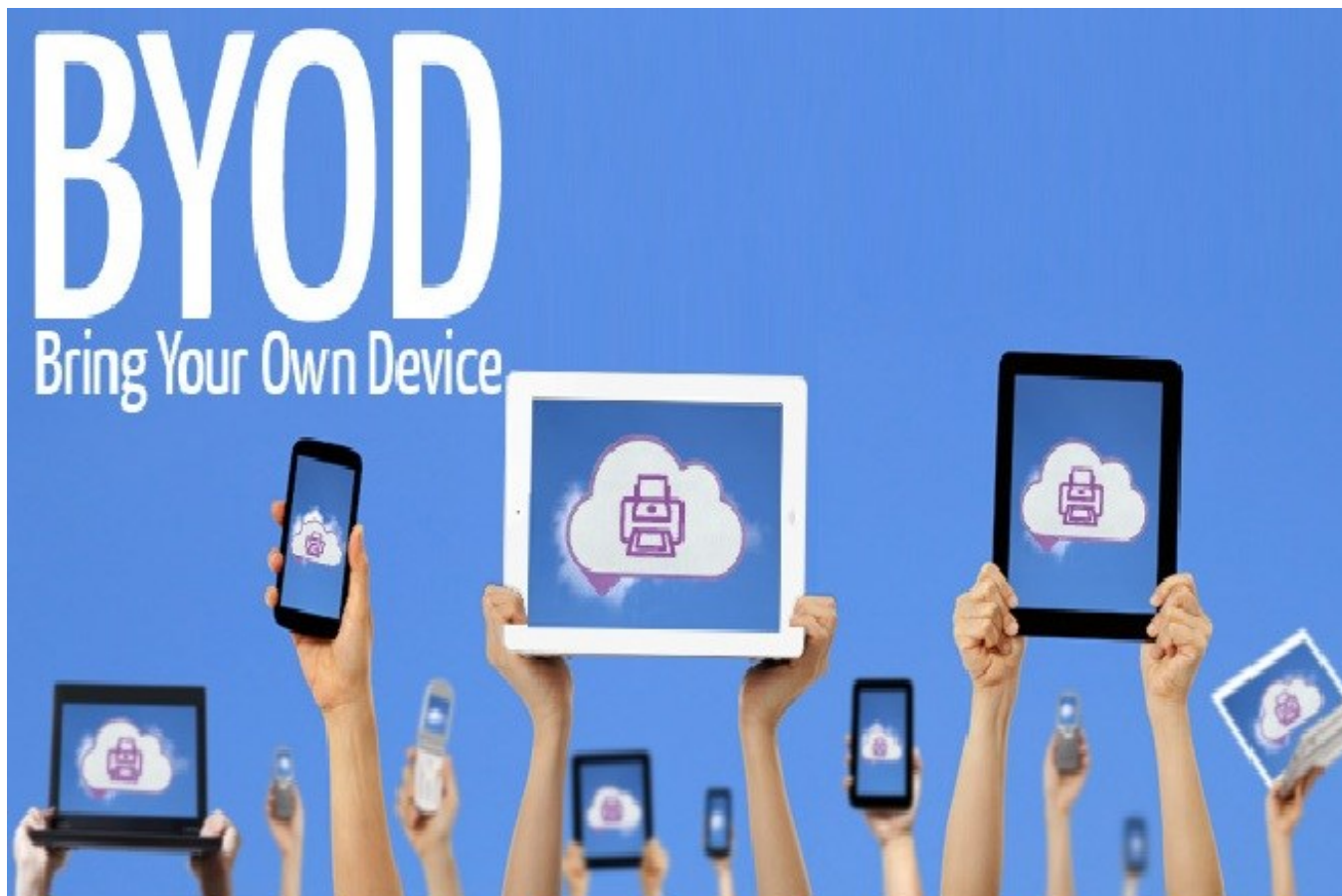
SUBJECT	EQUIPMENT
Circus Arts	1 x A4 240 page ruled exercise book <u>Uniform can be ordered through the CAPA Office</u> <ul style="list-style-type: none"> • Black t-shirt • Black Shorts/tights
Dance	1 x 240 page A4 ruled exercise book <u>Uniform can be ordered through the CAPA Office</u> <ul style="list-style-type: none"> • Black t-shirt • Black Shorts • Foot thongs /contemporary shoes • Black tights
Drama	1 x A4 spiral-bound Visual Arts Diary (approx. 120 pg) <u>Boys and Girls Uniform:</u> <ul style="list-style-type: none"> • Plain black short sleeve, crew neck t-shirt (not available from school) • Long black pants (not available from school)
Auditioned Music	1 x 96 page Music book (with manuscript pages in the middle section of the book)

Book and Equipment Requirements

Special Education Book & Equipment Requirements

The following book and equipment requirements are applicable for Special Education students in the Support Unit. These items are included in the Book Pack and can be purchased online via the TORSTAR website: www.torstar.net.au (with the exception of aprons, calculators and uniform items).

SUBJECT	EQUIPMENT
General Equipment	<ul style="list-style-type: none">• 6 x A4 Exercise books 240 page (to be covered by parent)• 1 x Scrapbook 64 page• 2 x blue or black pens• 2 x red pens• 2 x HB pencils• Coloured pencils• Coloured textas• 2 x glue sticks• 1 x pencil case• 2 x boxes of tissue• 2 x erasers• 1 x metal sharpener• 1 x 8GB thumb drive• 1 x headphones
PDHPE	<ul style="list-style-type: none">• 1 x A4 Exercise books 128 page (to be covered by parent)• NHS Sport Shirt, NHS Sport shorts and suitable footwear (provided by parent) - NO skate shoe e.g. no Vans• Water bottle
Technology Mandatory	<ul style="list-style-type: none">• 1 X White apron (to be provided by parent or purchased at uniform shop)• Enclosed black leather shoes (to be provided by parent)• 1 x Blue apron (to be provided by the parent)
Visual Arts	<ul style="list-style-type: none">• 1 x 2b pencil• 1 x 4b pencil• Enclosed black leather shoes (to be provided by parent)



Technology Equipment Requirements

Students are asked to bring their own electronic device to school every day. Students are free to bring any device that meets our *Device Specification*. (This is found in our BYOD information on our School website.)

The school does not manage, support, own or warrant the device - it's your choice and your device. If you have any questions about device specifications to ensure it can be connected to the school's Wi-Fi network please email your enquiry to the attention of the school's Technology Coordinator, Mr Shaun Oudkerkpool, at the school email account:

nepean-h.school@det.nsw.edu.au

[Back to School with JB HIFI](#)

[CLICK HERE](#)

Communication

We make every effort to keep you informed with what is happening at our school. We have a variety of ways that you can keep up to date. These include via our website, emails, the school's Facebook site and the Parent Portal which are often used to send out important information to parents, so please make sure we have your correct details and update these with us when they change.



Mrs N Isakov
Deputy Principal

Please do not hesitate to call the school at any time if you have concerns about your child. It is best to address concerns when they arise. Your child's teachers are normally the first contact for any concerns that you may have about class tasks, assignments and achievements. If your concern is essentially about a curriculum matter or an issue in a particular class or subject please contact the Head Teacher of that particular subject. If you have further concerns about your child, please contact their Year Adviser.

If you have continuing concerns about discipline, academic matters or health/welfare matters please contact the Deputy Principal for your child's year. Mrs Isakov is the Deputy Principal for Year 7 in 2023. To make an appointment with Mrs Isakov please contact the Administration office on 4728 7200. Parents should also feel free to contact the Principal if they wish.

Financial Contributions

A Year 7 Invoice will be sent to you by 29 November, 2022 outlining your child's school fees for 2023. **Payments can be made from Tuesday 29 November 2022. The preferred method of payment is online via our website.**

To make an online payment click on the "\$Make a Payment" icon and follow the prompts (please disregard the Student Registration Number).

Aprons are available from the uniform shop; and calculators are available for sale from the Administration Office between 8:15am and 3:15pm every school day.

Learning and Wellbeing Team

Care Opportunity Success

The Learning and Wellbeing Team is a dedicated faculty who work with students to ensure that their academic, social, and emotional growth is supported through a range of responsive services, programs, and initiatives. We work with individual students, targeted groups, and the whole school to deliver evidence based programs to support student success at every stage of their schooling career.



Ms M Abson
Rel. Head Teacher
Learning & Wellbeing
Years 7-9

Head Teachers of Learning and Wellbeing are dedicated to either the Junior (Years 7-9) or Senior (Years 10-12) cohort. These roles support the Learning and Wellbeing Team in each of its functions.

Year Advisers and Year Adviser Assistants, work across a Year group to support social engagement and emotional development, they provide a central point of contact for students.



Mrs R Owston
Head Teacher
Learning & Wellbeing
Years 10-12

Learning and Support Teachers work with parents, teachers, students to develop Individual Learning Plans that support students who require additional academic assistance, this includes assistance with assessment tasks and day to day learning.

Student Learning and Support Officers work within the classroom to assist students to engage in classroom activities and to experience learning success.

Our Careers Adviser is an integral part of the Learning and Wellbeing Team and works with students to develop study pathways, identification of career options and transitions into the workplace.

Our Aboriginal Education Officer assists First Nations students to reach their full potential through academic, cultural, social, and emotional development support.

The role of Librarian is integral in any school, at Nepean, our librarian provides a point of access to technology, subject specific texts, a gateway to reading for enjoyment and a variety of engaging events throughout the year.

Counsellors are qualified specialists who work with students who have been referred by the Learning and Wellbeing team, or school Executive.

Our Student Support Officer is a full-time, non-teaching, school-based staff member with experience in working with young people to improve their wellbeing and mental health. They work with students to enhance their wellbeing and learning outcomes



Key Learning Areas

English

During Year 7 students will consolidate and extend the skills and competence which they have already acquired in speaking, listening, reading and writing. Students will build upon those skills in work related to literature, poetry, myths and legends, fantasy and media. We also offer opportunities in Debating and Public Speaking.



Ms C Reynolds
Head Teacher
English

Mathematics

Students will be actively engaged in learning and applying mathematical knowledge and skills to problem solving situations. Topic areas covered will include Number, Geometry, Algebra, Chance and Data, Measurement and Working Mathematically. Students will have the opportunity to explore, manipulate, estimate, calculate, draw, measure, abstract, describe and deduce in the development of concepts and generalisations. Students will experience the relevance and history of mathematics throughout the course.



Ms R Young
Head Teacher
Mathematics

Science

Year 7 Science aims to engage students by developing their academic and practical potential through a variety of learning experiences. Students cover 8 subtopics that represent the 4 main disciplines of Science: Physics, Chemistry, Biology and Earth Sciences. Within each topic students develop their scientific thinking through diverse lessons that encompass formal laboratory skills and safety, scientific and technological literacy, critical and gain in other subjects by encouraging them to be self-motivated, independent learners whose academic confidence extends beyond the school gates. The topics taught are:



Mrs K Armstrong
Rel. Head Teacher
Science

- Working scientifically—laboratory and safety skills and universal scientific methodology.

- Properties of substances—the fundamental laws of particle interaction and behaviour.
- Earth's resources—natural made resources, their management and utility.
- Mixtures and separation—a practical topic aimed at developing early Chemistry lab skills.
- Habitats and interactions—ecosystems and organism adaptations.
- Classification—appreciating the variety of life that our beautiful planet supports
- Forces—discovering the basic scientific laws that underpin all physical and chemical phenomena.
- Earth and space—discovering the importance of Earth's position in the space.

Human Society and Its Environment (HSIE)

In Year 7 students will study a semester of Geography and a semester of History. In Geography, the students will explore Australian and global 'Landscapes and Landforms' and the processes that create and shape them. Students examine issues of landscape degradation and natural disasters and ways to manage and protect landscapes and landforms. They will also explore factors that influence our perceptions of 'Places and Liveability' within those places. Students will investigate features and characteristics of places that support and enhance our wellbeing, identity, environmental quality and access to services and facilities. Students will assess the liveability of places and propose strategies to enhance liveability in Australia. Students have to complete mandatory field work in this course.



***Mrs K Finemore
Head Teacher
HSIE***

In History, students will investigate the ancient past by looking at the origins of early humans, their patterns of movement across the continents and the Out of Africa Theory. Students will learn about the skills of an archaeologist and historian and how they collect, interpret and apply written and archaeological evidence to support theories. Students will study ancient peoples and civilisations including studies in Ancient Australia and Aboriginal society, Ancient Chinese and Ancient Roman society. Students have to complete a mandatory site study in this course.

Personal Development, Health and Physical Education (PDHPE)

In Year 7 students will participate in both practical and theory lessons. There will be four practical periods and two theory periods per fortnightly cycle. Within the 4 periods of practical lessons each cycle, 2 of those lessons are integrated sports lessons. This is a way of further developing fundamental skills within the PDHPE faculty prior to joining the rest of the school for Wednesday sports from Year 8 onwards.



Mr G Turner
Rel. Head Teacher
PDHPE

As part of the PDHPE theory program, students will deal with issues such as building positive relationships, making healthy decisions, living safely, personal changes as we grow and develop, discovering human sexuality and how to implement health promoting lifestyle practices. In practical lessons, students will participate in a wide range of activities combining different movement skills such as striking, kicking, hitting, throwing and catching.

Throughout the year students will learn to analyse game concepts and create strategies and tactics to solve problems in the context of target sports, net court games, striking/fielding sports and invasion games. In Term 3, all of Year 7 will participate in a Zone Gala Day, where they will have the opportunity to compete in a round robin competition with schools within our zone. This provides Year 7 with a taster to being able to be selected in Grade Teams for Sport in Year 8.

The PDHPE course also incorporates a Swim and Survive program for all Year 7 students in Term 4, focusing on improving student's survival and safety skills in an aquatic environment.

Creative Arts

All Year 7 students will undertake Creative Arts as part of their compulsory subjects in Year 7. In Creative Arts students will develop knowledge, understanding and skills to make artworks and also critically and historically interpret artists and their works. This will be informed by their understanding of practice, the conceptual framework and the frames. Students will explore and investigate different materials and techniques such as drawing, painting, printmaking, ceramics, sculpture, photography and digital media. The practice of exploring ideas, concepts and subject matter and media experimentation is documented in a Visual Arts Diary. Participation in art competitions, workshops, excursions and exhibitions is part of the Creative Arts experience. The opportunity to be enrolled into Art Edge and Intensive Studio programs is extended to Year 7 students.



***Ms P Rowston
Head Teacher
Creative Arts***

Performing Arts

In Year 7 the Performing Arts faculty consists of mainstream Music classes and auditioned classes in Circus Arts, Dance, Drama and Music. Students who have successfully auditioned into a Performing Arts subject will undertake this subject as an elective for 5 periods a cycle (fortnight). They will also undertake 5 periods of Mainstream Music per cycle.



***Ms A Rudolf
Head Teacher
Performing Arts***

The Performing Arts faculty runs over 30 Ensembles and Companies that are available as part of the Creative and Performing Arts Extra-Curricular program to students for audition. Auditions are held within the first 3 weeks of each new school year.

Circus Arts

Students will experience, understand and value Circus Arts through the development of strength, flexibility, conditioning and the application of biomechanics to safely learn and execute various aerial apparatus and floor based skills. They will learn how to create acts, develop performance skills and analyse their circus technique and professional circus acts based on their circus technique and professional circus acts based on their developing

knowledge of the historical and social context of Circus in Australia and overseas. Students will have the opportunity to learn aerial, tumbling, equilibristics and manipulation. Students will also have the opportunity to perform and watch circus performances throughout the year.

Dance

Students will experience, understand and value Dance as an artform through their interrelated study of Performance, Composition and Appreciation. Dance Performance consists of dance technique, body skills and the application of safe dance technique to selected styles of dance. Dance Composition involves creating and communicating an intent through the use of choreographic devices and elements of dance. Dance Appreciation consists of describing and analysing dance as an expression of ideas within a social, historical and cultural context. Students will have the opportunity to participate in whole class performances throughout the year.

Drama

Students will be introduced to the subject of Drama. Students will learn to make, perform and appreciate Drama. They will learn about the elements of Drama including: character, focus, time, place, space, structure, rhythm, pace and tension. Students will develop their performance skills in a range of performance opportunities including Improvisation, Theatre Sports, Lip-Sync and Script work. Students will learn to work as a team in theatre games, focus activities and group performances. Students will learn to appreciate Drama and Theatre by attending workshops, live theatre, writing theatre reviews and reflecting on their work in their logbooks. Drama is a dynamic learning experience that caters for a diverse range of students and prepares them for effective and responsible participation in society, whilst taking account of moral, ethical and spiritual considerations. The study of Drama engages and challenges students to maximise their individual abilities through imaginative and dramatic experiences created in cooperation with others.

Music

Half of the Year 7 classes will undertake Music in Year 7 and the other half will undertake Music in Year 8. students will experience music through listening, performing and composing. Students will have the opportunity to learn about instruments, how sound is made and will develop skills in basic performance and composition. They will experiment with instruments and

will learn to develop an appreciation for the historical contexts of music and the various styles.

Auditioned music students will undertake a further 5 periods of Auditioned Music per fortnight. They will continue to develop their performance skills on their chosen instrument. They will develop their performance practice, technical ability and learn to work as part of an ensemble. Students interested in learning a second instrument will have the opportunity to hire instruments (wind, brass or strings) from the school whilst percussionists are able to use the wide range of percussion instruments available within the school. Students will have the opportunity to take part in class performances and to watch professional performances throughout the year.

Creative and Performing Arts Extra-Curricular Program

Students are encouraged to audition for the Extra-Curricular program in Creative and Performing Arts. The Extra-Curricular program is a practical extension program for Creative and Performing Arts subjects that runs before, during and after school. Successful students will engage in extension activities for anywhere between 1 and 2.5 hours (depending upon the ensemble, company or studio) to extend their practical and technical skills in specific styles or genres within Circus Arts, Dance, Drama, Music and Creative Arts. The Performing Arts faculty runs over 30 Ensembles and Companies that are available to students for audition. Auditions are held within the first 3 weeks of each new school year.

Technological & Applied Studies (TAS)

Technology (Mandatory)

Students learn about technologies and use a range of materials, tools and techniques relevant to the personal, commercial and global areas of human activity. Technologies assume increased importance when they are applied to solve real problems and to create ideas and solutions in response to needs and opportunities for



Mrs A Hay
Head Teacher
TAS

customers, clients or themselves. They can be used to add functional, aesthetic and environmental value to products.

The development of knowledge, skills and understanding gained through the study of Technology (Mandatory) will enable students to contribute positively to Australia's future. Students will be given opportunities to learn how to function safely in a working environment and in a society driven by rapid technological change, communication and in a global society with increasingly competitive knowledge-driven economies.

Technologies studied could include:

- animal production technologies
- food technologies
- graphics technologies
- information technologies
- media technologies
- metals technologies
- mixed material technologies
- textile technologies
- timber technologies



Ms M Foord
Head Teacher
Special Education

Special Education - Support Unit

The Support Unit currently has five classes that cater to students with disability. We have three classes for students with an intellectual disability and two classes for students who are deaf or have hearing impairment. We also cater for students with additional disabilities and needs. Each student in the Support Unit has an Individualised Education and Transition Plan, which is developed in consultation with the student, parents/carers and any agencies that may be involved. We work on goals that promote independence for full and meaningful lives, now and in the future. Some of our students access a full mainstream program of study and some undertake a full life skills program. Others take a combination of both. Adjustments are made for each student according to need. The majority of our students in the Support Unit work towards and gain their Higher School Certificate. We also offer a range of opportunities

on a needs basis, including community-based work experience, school-based enterprise education programs, vocational training through TAFE and community access.

Integrated Sport

A variety of exciting sporting opportunities are available to Year 7 students enrolled at Nepean. Their weekly involvement in the integrated Sports Program, coordinated by specialist Personal Development, Health and Physical Education teachers, focuses on skill development and provides an introduction to various team sports. They are also encouraged to become active participants in the annual athletics, cross country and swimming carnivals and trial for knockout competitions and zone sports teams.

Vaccination Program

Each year NSW Health works in partnership with schools to offer vaccines recommended by the National Health and Medical Research Council for adolescents as part of the school vaccination program. All Year 7 students will be offered:



- dTpa vaccine (Diphtheria, Tetanus & Pertussis (Whooping Cough))
- Varicella vaccine (Chickenpox); and
- the Human Papillomavirus (HPV)

Students will receive a Parent Information Kit early in 2023. The Information Kit contains a consent form, checklist, information sheet and privacy statement that details how personal information will be collected, stored and utilised. **Students cannot be vaccinated unless a completed and signed consent form is returned to school.**

Should you have any enquiries regarding this program please call the Immunisation Team at Nepean Blue Mountains Local Health District on: 4734 2022. Further information regarding immunisation is available at:

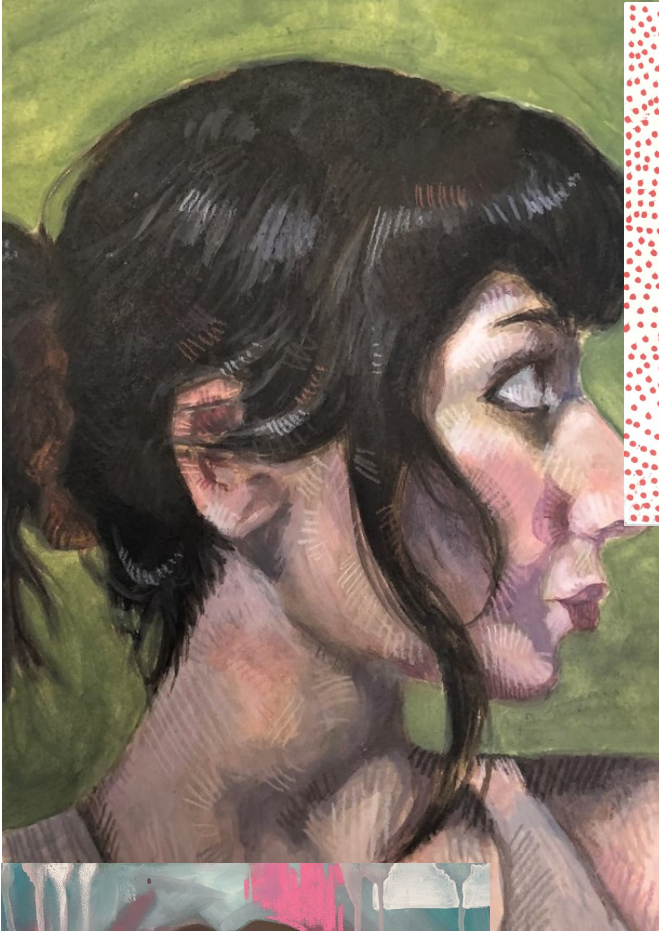
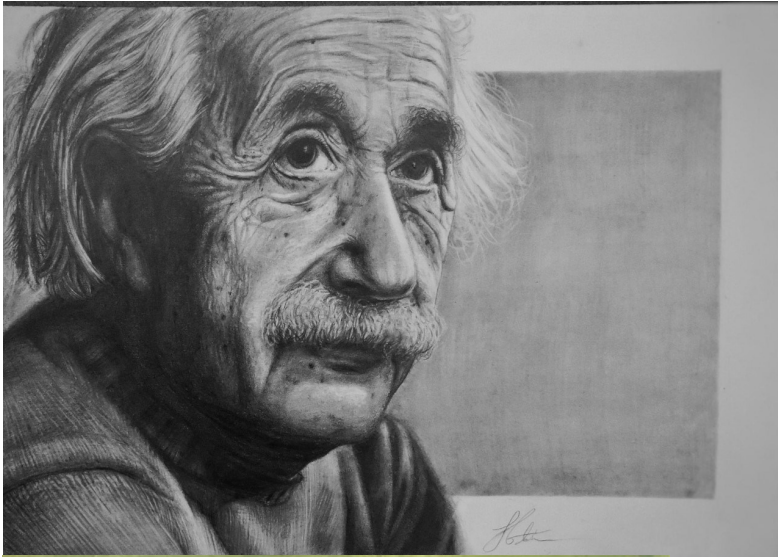
www.health.nsw.gov.au

Organisation for the first day of Year 7

Tuesday 31 January 2023

Please note this event will be subject to COVID Restrictions at the time

8.35am	All Year 7 students and Peer Support Leaders to meet in the school Hall.
8.40am	Welcome by the Principal.
8.50am	Overview of the day by Year 7 Adviser and Assistant Year Adviser.
9.00am	Parents, at this time, are asked to leave their children with their Year Advisers.
9.10am	Year 7 students will be placed into their class groups. Students will move off with their first period teachers and Peer Support Leaders.
Period 1 (approx. 9.20am)	Students will be given their timetable for the year. Teachers will explain timetables and students will copy their timetables into their school diaries.
Period 2	Year 7 Period 2 teachers and Peer Support Leaders will escort Year 7 to their Period 2 classes.
Recess	Peer Support Leaders will escort Year 7 to the grassed area between the Industrial Arts block and Science Labs for recess.
Periods 3 & 4	Peer Support Leaders will escort Year 7 to the Canteen where they will be met by their teachers for Periods 3 and 4.
Lunch	Peer Support Leaders will escort Year 7 to the grassed area between the Industrial Arts block and Science Labs for lunch.
Period 5	Peer Support Leaders will escort Year 7 to the Canteen where they will be met by their Period 5 teachers.
2.55 pm	Students may go home or wait for parents or buses under teacher supervision at the front of the school.





Nepean Creative and Performing Arts High School



www.facebook.com/NepeanCreativeAndPerformingArtsHighSchool

Website: <https://nepean-h.schools.nsw.gov.au>

Email: nepean-h.school@det.nsw.edu.au

115-119 Great Western Highway Emu Plains 2750

Locked Bag 6004 Emu Plains 2750

Phone: 4728 7200 Fax: 4735 8924

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