

# Nepean Creative and Performing Arts High School



Year 7 into Year 8  
2020

(Stage 4)

Elective Subject Prospectus

## ***Nepean Creative and Performing Arts High School***

### **Selection of an Elective Subject for Year 8, 2020**

Dear Parents/Caregivers

The curriculum for Year 8 at Nepean Creative and Performing Arts High School consists of a core of English, Mathematics, Science, History, Agriculture, Technology (mandatory), Personal Development Health and Physical Education and Sport. Students will have access to some or all of these subjects at Life Skills level if required.

In addition to core subjects, students **select two elective courses.**

Reasons for choosing a subject might be:

- you have found the subject interesting
- you have found that you have aptitude for the subject
- you like the challenge offered by that subject

Students will be asked to make two priority selections and four reserve selections via our secure online subject selection process. The selected subjects will be divided into two groups, called line X and line Y, that represent the best combination of subjects as selected by the total year group population. Students will be allocated to classes on each of these lines in accordance with the priority and reserve selections that they make.

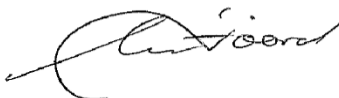
Students will be given a letter that provides the web address and personalised webcode. This letter will also indicate the cut of date for subject selections. Students should make their selections promptly as some classes have a limited size.

### **Creative and Performing Arts Selective Stream:**

**From Year 8 onwards all selective Creative and Performing Arts Classes are electives:** Circus Aerial, Dance, Drama, Music and Visual Arts.

Students selected to attend Nepean Creative and Performing Arts High School as auditioned students for **Year 7 in 2019 must select, as their first option, their primary audition area for Year 8 in 2020.** They may then make their second and third option from any of the other subjects made available.

Students who were successful in auditioning for two subjects coming to NCAPAHS will be able to commence their second auditioned class in 2020, if they so choose. ***Please be aware that if you do not select your second auditioned subject in Year 8, you will need to re-audition for Stage 5.***



Mr M Foord  
Principal

## CORE SUBJECTS

These are the subjects that all students will study in Year 8 at Nepean Creative and Performing Arts (CAPA) High School. Your elective choices are made to supplement these compulsory subjects.

**English**  
**HSIE**  
**Mathematics**  
**PD/Health/PE**

**Science**  
**Technology (Mandatory)**  
**Language**

### Life Skills

For some students with special education needs it may be determined that a Life Skills outcomes and content course can provide the basis for the development of a relevant and meaningful program. Each BOSTES syllabus has the relevant Life Skills outcomes and content courses available.

A decision to allow a student to access the 7-10 Life Skills outcomes and content should include parents/carers and be based on careful consideration of the student's competencies and learning needs.

## ELECTIVE SUBJECT OPTIONS

### Audition Subjects

Circus Aerial  
Dance  
Drama  
Music  
Visual Arts

### Non-Audition Subjects

Costuming and Makeup Incorporated  
Creative Cooking  
Farming Skills  
Level Up  
Making Wooden Toys  
Music  
Outdoor Recreation and Wilderness Studies  
Photography & Digital Media  
Performing Arts Mash (PAM)  
Sports Action  
Visual Arts

**CREATIVE AND  
PERFORMING ARTS  
AUDITION  
SUBJECTS**

## AUDITIONED CIRCUS - AERIAL

The Circus (Aerial) course involves the study of the following areas:

- Safety in the circus environment
- Fitness, strength and conditioning for circus performers
- Basic anatomy, physiology and nutrition
- Circus basics such as tumbling, hand balancing, flexibility (contortion), object manipulation (juggling, diablo, spinning plates, etc), equilibistics (balance, unicycle, slack line, etc), solo work, group work and partner work
- Aerial work (silks, lyra, static trapeze, aerial net, etc)
- Performance, composition and movement skills
- History of circus arts
- Circus terminology and definitions
- Appreciation of circus works and companies

This course has a focus on aerial circus skills including: silks, lyra, aerial net, trapeze, straps, sling, aerial cube, Spanish web, flying trapeze, etc. The students will learn basic ground acts including: object manipulation (juggling, spinning plates, diablo, staff, etc), equilibistics (unicycle, stilts, slack line, etc), tumbling, acrobalance and hand balancing. Each practical lesson will consist of warm up, skill development, conditioning and cool down. Composition lessons develop knowledge and understanding required to create a circus aerial act, in silks, lyra or trapeze. Students will learn about the development and history of circus, famous choreographers, circus performers, circus companies (Circus Oz, Cirque Du Soleil) and historical eras. Students learn and create individual, solo, duo, small group and class performance works/acts. Students touch on the elements of Circus production including specialist equipment, lighting, staging, costume and music. Students are given the opportunity to view Circus productions and participate in Circus workshops. Please note that money may need to be outlaid for costumes and excursions at some stage throughout the year.

### **Special requirements:**

NCAPAHS Performance uniform, motivation to attend rehearsals and performances out of school hours, commitment to the team.

**Subject Fee:** \$150

## AUDITIONED DANCE

Students will experience, understand and value Dance as an artform through the interrelated study of Performance, Composition and Appreciation.

Dance **Performance** consists of the study of dance technique through the application of safe dance, performance quality and elements of dance relevant to selected styles of dance. Dance **Composition** involves creating and structuring movement to express and communicate ideas through the use of choreographic devises and elements of dance. Dance **Appreciation** consists of looking at describing dance works as an expression of ideas within a social, historical and cultural context.

### What we learn about:

- The fundamentals of modern dance techniques through which students develop strength, flexibility, coordination, endurance and dance specific skills.
- Developing safe dance practices and application of performance quality.
- How to choreograph dance works using the elements of dance, the composition process and choreographic devises.
- How to analyse and describe different dance performances through the elements of dance.

### What we do:

- Participate in a variety of dance styles and techniques, working on combinations, sequences and dances.
- Compose dance compositions in pairs and in groups, using the elements of dance and choreographic devises.
- Observe and analyse dance performances, as well as study dance pioneers and choreographers

### Special Requirements:

NCAPAHS Performance uniform is required for practical classes. Students may purchase their black dance attire through the Nepean CAPA Dance Shop.

**Subject Fee:** \$100

## AUDITIONED DRAMA

In Year 8 Drama students are introduced to the skills required when making, performing and appreciating drama. Students will explore the elements of drama through a wide range of dramatic forms, performance styles and dramatic conventions.

### What we learn about:

- Greek Theatre
- Melodrama Theatre
- Scripted Drama
- Playbuilding

### What we do:

- Perform
- Practical Workshops with professional theatre companies
- Attend live theatre performances
- Write theatre reviews for the Link
- Scriptwriting
- Logbook reflection
- Showcase
- "Lights Up" Drama Festival
- Penrith Valley Performing Arts Festival

### Special Requirements:

Students must be prepared to rehearse and commit to after school performances. Students will also need black performance clothes.

**Subject Fee:** \$100

## AUDITIONED MUSIC

This course provides students with the opportunity to build on their knowledge gained within the previous year, through performing, listening and composing. Students will continue to develop their skills on their instruments performing as soloists and within ensembles.

Students will study a range of musicians and styles of music both past and present. They will also learn the basics of composition with the opportunity to write their own song. Students will also have access to recording their songs and performances in the new recording studio in the music block.

Students also have the opportunity to engage in and watch live performances across the year.

### **Students will:**

- Learn to work within an ensemble and develop their skills as soloists
- Compose music
- Learn to use digital composition and manipulation software
- Develop on stage performance skills and engage in performance opportunities
- Develop an aural awareness of the concepts of music
- Have the opportunity to take part in Showcase
- Take part in workshops
- Record their own compositions/covers of songs

### **Special Requirements:**

This course is designed to extend and develop auditioned students. It has a focus on extending technical aspects of music.

**Subject Fee:** \$100



## **AUDITIONED VISUAL ARTS**

Audition Visual Arts provides opportunities for students to extend their practice through technical exploration across the breadth of art making disciplines. It extends an understanding of the role of art in all forms of media, enabling students to represent their ideas and interests into artworks. The course is studio based learning focusing on developing technical ability and excellence under the direction of the creative educator.

### **What we learn about:**

- The pleasure and enjoyment of making different kinds of artworks in 2D, 3D and/or 4D forms.
- Technical resolution and extension across a breadth of art making media
- Portfolio creation

### **What we do:**

- To make artworks using a range of materials and techniques in 2D, 3D and 4D forms, including traditional and more contemporary forms, site-specific works, installations, video and digital media and other ICT forms.
- How to make informed personal choices and judgements about artworks.
- Establish procedures and archival documentation about their artworks in a Visual Arts Diary.
- Exploring the expressive potential of materials and techniques.

### **Special Requirements:**

This course is designed to extend and develop auditioned students. It has a focus on extending technical aspects of art making practice.

**Subject Fee:** \$100

# **Non-Audition Subjects**

## **COSTUMING AND MAKEUP INCORPORATED**

Costume and Makeup is an elective course where you learn to create and design apparel items and accessories for various occasions (including costumes) and learn various special effects and everyday makeup techniques.

### **Skills you will be learning involve:**

- basic makeup application
- costume accessories design and construction
- costume construction
- learn the techniques for applying stage makeup
- makeup design for stage production
- pattern cutting

### **Special requirements:**

Students will be required to apply makeup which can be taken off at the conclusion of the lesson. Students will need to provide a makeup kit and facial wipes and must wear black leather enclosed shoes.

**Subject Fee:** \$50

## **CREATIVE COOKING**

This course will give students various experience and ideas about what to cook and how to prepare great foods. It will teach them a variety of cooking skills and help them to become more confident cooks.

### **What we learn about:**

- making a variety of meals
- quick meals
- using fresh ingredients
- how to make foods look inviting with garnishes
- basic food preparation skills

### **What we do:**

- plan and create various meals
- learn useful preparation skills
- prepare foods on trend
- simple cake making and decorating
- make edible food decorations

### **Special requirements:**

Students must bring a white apron, tea towel and plastic container to every practical lesson. Students must wear black leather enclosed shoes at all times in the kitchen.

**Subject Fee:** \$70 to cover the cost of ingredients

## **FARMING SKILLS**

This is a practical based class that will be held in the Agriculture Plot. In Farming Skills, students will learn about farm safety; raising and preparing cattle, sheep and chickens for local competitions; growing food in your very own garden; learn to drive the tractor; and learn to use all the equipment needed for farming.

Time will also be spent learning how to show animals, including judging techniques with the aim of entering students and animals into local agricultural shows.

### **What we learn about:**

- propagating plants from seeds
- transplanting plants
- the requirements of plants and animals
- how to handle animals safely
- occupational health and safety in regard to plants, animals, tools and machines
- prepare exhibits for entry into competitions
- safe machinery use

### **What we do:**

- grow plants and look after them and experiment to see what makes plants grow the best
- feed and look after animals and handle animals like cattle, sheep and chickens
- work in groups and learn to use a wide range of tools, techniques and equipment safely
- prepare animals for entry into competitions
- drive the tractor

### **Special Requirements:**

Students are required to wear boots or sturdy shoes and a hat during all practical lessons.

**Subject Fee:** \$50 to cover costs

## **LEVEL UP**

Technology surrounds us in everything that we do, but are you harnessing its power to your advantage? In our rapidly changing world you need to be able to confidently navigate the technology landscape and know how to make it work for you! This course will give students the opportunity to build expertise in a diverse range of programs including those in the Office 365 suite to assist learning whilst participating in personal interest and community projects.

### **What we learn about:**

- Using main features of programs including OneNote, Sway, Word, Excel, PowerPoint
- Managing your study and schoolwork
- Timesaving tips
- Collaborating with others using technology

### **What we do:**

- Create, edit and share documents and presentations
- Learn how to use technology to help us study
- Experiment and explore with Virtual and augmented reality
- Network and conference with others online

### **Special requirements:**

None

**Subject Fee:** Nil

## **MAKING WOODEN TOYS**

Students will have the opportunity to design and construct a series of simple wooden toys. Students will use a variety of tools and techniques to create suitable wooden toys for children.

### **What we learn about:**

- the methods of design and production suitable for making quality wooden toys;
- a range of skills using hand tools and simple machines which may be found in the home workshop;
- developing an appreciation of commercially available wooden toys;
- how to design and manufacture safe toys for a particular age group of children.

### **What we do:**

- Design and manufacture a range of simple wooden toys;
- Build our skills in basic timber machining;
- We look at differing methods of surface finishing as appropriate for toys;
- We will experience the satisfaction of producing a well-made toy.

### **Special requirements:**

Students will require a blue apron and black leather enclosed shoes whilst in the workshop.

**Subject Fee:** \$50 to cover the cost of consumables and timber used in the construction of projects.

# MUSIC

**Faculty Administering the Course:** Performing Arts

## **Course Description**

This elective is offered to students who have an interest in music; however, have not auditioned for the Advanced Music course.

**This is a Board of Studies endorsed course where students will gain the knowledge and skills required to select Music in their senior years at school.**

## **Knowledge, understanding and skills**

Students will develop knowledge, understanding and skills in the concepts of music through:

- **Performing** as a means of self-expression, interpreting musical symbols and developing solo and/or ensemble techniques. If you have ever wanted to perform but have found this difficult or daunting – this is a safe environment in which to learn how to perform.
- **Composing** your own music using our state of the art Mac Lab – using programs such as Logic Pro and Garage Band
- **Listening** to different styles of music and learning how to write about music.

## **Values and attitudes**

Students will value and appreciate:

- different styles of music and the enjoyment of engaging in performing, composing and listening.

This course will give students the opportunity to learn instruments and to learn about music in a safe environment without the need to audition. Students are encouraged to try new instruments and to explore their enjoyment in music by singing and playing in different types of ensembles (rock band, vocal, orchestral). Students will gain the skills needed for senior music should they wish to pursue this as a subject by learning to listen to, analyse music, and use our software to learn how to write their own style of music.

## **Special Requirements or Considerations**

This course is designed to for students who have an interest in music but have not auditioned.

**Subject Fee:** \$50 to towards musical equipment and maintenance



## **AN INTRODUCTION TO OUTDOOR RECREATION & WILDERNESS STUDIES**

Students will be introduced to activities that will develop their skills, understanding and attitudes necessary for safe and enjoyable participation in outdoor recreation activities. Activities in which we have a dominating influence from the natural environment, such as camping, cross country skiing, hiking, canoeing, mountain biking, rock climbing, orienteering, surfing and sailing.

Participation in this subject provides students with the opportunity to develop leadership skills and the ability to work in teams. The combination of engaging with the environment and the challenges it presents offers a unique personal development experience. This may lead them to thinking about applying for the Duke of Edinburgh course in Year 9 and 10.

### **Special requirements:**

The School will supply equipment such as tents, packs and stoves, however students will need to gain access to personal outdoor recreation equipment (eg sleeping bags) at times through the year. Students are encouraged where possible to borrow this equipment to keep costs to a minimum.

Students **MUST** wear their PE Uniform for practical lessons and be willing to be physically active every lesson.

**Subject Fee:** \$30.00 and associated personal costs for expeditions

## PERFORMING ARTS MASH

*Unlock your hidden talent! MASH provides students with the opportunity to experience Dance, Drama and Music – the areas within the Performing Arts. This introductory course will give you a taste test of PA while igniting your inner passion for performance.*

*No audition necessary, this course will provide you with a safe environment, with likeminded peers, allowing you to express yourself, while developing fundamental skills in performance.*

Have a look at the information below to see what is involved in the course:

### **Music:**

- Always wanted to learn an instrument ? From rock instruments to concert band instruments ; there are plenty of cool instruments to learn in music and you can even hire some of them.
- Have the opportunity to record your performances in our state of the art recording studio.
- Develop your performance skills by putting together a performance either in a group or as a soloist.

### **Drama:**

- Learn and play drama games and develop your performance skills
- Learn how to improvise
- Have fun creating and performing your own plays
- How to make a drama vlog

### **Dance:**

- Learn tips and tricks about how to maintain an active lifestyle through fun fitness based dance classes.
- Improve your flexibility! Surprise yourself in stretch classes that give you the tools to develop a larger range of motion.
- Gain the confidence to dance like no one is watching. Classes of various styles of dance including, jazz, funk, hip hop and lyrical, will get you moving in ways you never knew you could.
- Watch dance performances and perform your own. Learn about choreography and how to compose your own dance.

### **Special Requirements:**

Students need to have appropriate fitted active wear for the dance and drama component. Students may require black performance clothes.

**Subject Fee:** \$30

# PHOTOGRAPHY & DIGITAL MEDIA

## Course Description

Photography and Digital Media comprises of **70% practical, and 30% theoretical studies**. This course provides students with opportunities to work individually and with others in the making of photographs, digital works, film and animation. Information and Communication Technology is at the heart of the course; students will gain a working knowledge of - Adobe Photoshop, Adobe Premier Pro and Macromedia Flash.

## What will students learn about?

- Sport, Event and Commercial Photography
- Exhibition Practice in-school and in the community
- Photographic competitions
- Participating in a School Media Team
- Website display/imaging and editing
- Film creation

## What will students learn to do?

- Work as an industry professional in a specialised Studio Space.
- Create digital photographic works and develop a photographic portfolio.
- Digitally manipulate and enhance photographic works via the use of Adobe Photoshop, Adobe Premier Pro and Macromedia Flash.

## Special requirements or consideration?

N/A

**Subject Fee:** \$80

## **SPORTS ACTION**

The aim of the course is to encourage students to enjoy participating in a variety of physical activities and sport. The course enables students to engage in a variety of competitive, non-competitive and recreational sports such as archery, ultimate Frisbee, futsal, golf and white water rafting as well as being involved in a variety of more common individual and team sports. Students will also enhance their organisation, planning, analysis, leadership and communication skills through their participation in a variety of skill based and coaching opportunities. This is a good introduction for future PDHPE electives in Years 9 – 10 such as Physical Activity and Sports Studies.

### **What we learn about:**

- Movement skills related to a variety of physical activities and sports
- How to improve performance through learning strategies and tactics
- Rules relating to different sports and how to referee games using this knowledge.

### **Special requirements:**

***Students will need to bring PE uniform and appropriate footwear for ALL lessons.***

Students must be self-motivated and committed to the additional practical lessons this subject provides, in addition to their core PDHPE subject, which also includes our compulsory Wednesday sport day.

**Subject Fee:** Nil cost, except where we offer excursions and incursions.

# **VISUAL ARTS**

## **Course Description**

The Visual Arts course provides students with an opportunity to express their individuality and creativity via broad practical learning experiences such as Painting, Drawing, Ceramics, Graphic Design, Textiles and Fibre, Photography, Sculpture, Printmaking, Documented Forms, Mixed Media, Computer Generated Images and Video Production. Visual Arts consists of 60% practical and 40% critical and historical studies.

## **What will students learn about?**

- Art making includes clay, illustration, drawing, painting, printmaking and sculpture.
- Visual literacy.
- The Conceptual Framework, the Frames and Artist's Practice
- Building artistic confidence

## **What will students learn to do?**

- Create artworks using a vast selection of materials.
- Experiment, play and discover.
- Make Informed and critical decisions about your visual world.
- Experiment with a variety of artistic forms.  
Record procedural and creative practices in your Visual Arts Diary

## **Special requirements or consideration?**

N/A

**Subject Fee:** \$80