



Nepean Creative & Performing Arts High School

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Learning at home

Students who choose to continue their learning via home, are expected to access the learning for each of their lessons each day.

Staff are available to give students flexibility in when this gets finished and all tasks should be completed to a normal standard. A suggested home learning experience is listed below.

Time	Activity	Notes
8.30am	Students should check email and TEAMS page for work sent by their teachers for each of their lessons.	Students can expect to have received work from any teacher who they would normally have on that day.
9.00am	Students should commence working on allocated activities for the day.	Students do not necessarily have to follow their timetable, but should work through the emailed work they have received during the day.
10.30am	Mindfulness activity/walk	
11.00am	Morning Tea break	
11.20am	Continue to work through set work	Set specific goals of what students want to get finished.
12.45pm	Lunch Break	Eat something healthy, take a break, walk around and avoid screen time.
1.30pm	Complete work for the day	Note down anything you didn't get finished that could be completed the next day and confirm anything with teachers if required.
Post 2.50pm	Students can complete exercise, assessment tasks, complete chores at home.	